



Hi, Everyone

Welcome to our spring edition. Please let us know if you have discovered any new place in Chongqing; or simply if you'd like to express yourself please send any article to anarosalara@hotmail.com

In this Edition

- Next IWG fund raising event
- Taxi Book
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- No free plastic bags... IWG has the answer for you!
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- ... and more

Flow on the Internet

The IWG Newsletter is finally on the web, thanks to Sam Jenkins from CQ Expat site. Please click on www.chongqingexpat.com, we are on the front page or so just click directly on the link to our own page http://www.chongqingexpat.com/chongqing-services-womens_group.htm

Thanks, Sam!

Welcome/Farewell

Farewell to Louise, Denise and Ann Catrin that left CQ. Warm welcome to new comers Anna Quaglia, Gill Smith and Mikyong Kim

International Women's Group News

- Mercedes-Benz and IWG are organizing a fund-raising Cocktail party on 31. We'll send further details soon.

- Back in March we had a fund raising night at Lily's new club. We celebrated Women's day with wine and jazz music. Raised RMB1300.

- There will be no free plastic bags in supermarkets and stores beginning June

1st. http://www.chinadaily.com.cn/china/2008-01/09/content_6379872.htm The IWG is coming up with its own reusable shopping bag, available well in advance of the June 1st so you'll have plenty of time to get in the habit of bringing your own bags when shopping. Contact Jean Glaister jeanlaister@hotmail.com for details.

- If you are interested to buy IWG greeting cards or make any donation please contact IWG on chongqingiwg@hotmail.com or directly Ana Rosa Lara. Phone: 3647674868/mail: anarosalara@hotmail.com

If you'd like to join IWG please contact Jean for an application form on jeanlaister@hotmail.com.

Once more thank you to all of you for your support!

IWG Special Project

Name: Zhou Xin Wan 周兴旺

Age: 15

Problem: Tetralogy of Fallot (Heart)

Zhou Xin Wan is a child from the IWG Subsidies Project in Qijiang. He comes from one of the lowest income families. His father is a builder earning around RMB 1200 per month for a family of 5. Every day his mother carries him on her back to school as his condition forbids him to do any physical exercise. Zhou Xin Wan suffers from a condition called. His body does not get enough oxygenated blood therefore his skin looks purple,

his limbs get swollen and he feels fatigue or has fainting spells. This condition can be operated, and then



treated with life-long medical care.

The CQ IWG has contacted the specialized cardiologist center in CQ. They have agreed to operate as soon as we have the RMB45000.

We are appealing to you or your company to help us raise the money for this case.

For donations please contact Ana Rosa on 1364 7674 868 or on anarosalara@hotmail.com

As IWG is not a registered charity organization, we accept cash donations. Thank you.

Culture Shock by Brian Hennessy.



First day. March 31, 2003. I was apprehensive despite the excitement. China seemed so far away. So far away from my home in Australia. So far

away from my own culture.

These days the number of kilometers flown are almost irrelevant. One hour to fly 1,000 kms. 8 hours and 8,000 kms from Sydney to Hongkong. Easy. But how do you measure the distance between East and west?

Hong Kong was both. If you looked under the surface you could see evidence of British colonial influence everywhere: the orderly traffic, gracious old colonial buildings hidden amongst the high-rise, and red double-decker buses. Some Chinese people even spoke with beautiful British accents. "No, Hong Kong is not China", I said to myself.

The China I had heard about was the out-of-date model. The ignorance and prejudices of an older generation had filtered down to me, and I didn't know what to expect. Emotive words kept popping into my western head. Words like: Red China, Communism, and Chairman Mao. Great Leap Forward, Little-Red-Book, and Red-guards. And the big one: Cultural Revolution. Whatever that meant. Whatever that was. And funny epithets like: capitalist-running-dog-imperialist-foreign-devils, and so on.

What kind of country was I traveling to, and what was I letting myself in for?

My Dragon-Air flight heading northwest above the clouds. Nothing to see below, and no westerners on board. Flying across an unknown society to the less-developed hinterland of China without having had the chance to see the developed cities on the coast that I had heard about; the boomtowns of Guangzhou, Shenzhen, and Shanghai.

Two hours later we broke through the clouds. And there they were: the famous Yangtze River and the inland city of Chongqing. Both of them big. I mean Big. Wow. This is no backwater, I thought. Look at those sky-scrappers. And the bridges. They were Big also. Everything was Big.

It was late afternoon on a rare sunny day, and a breeze from somewhere had pushed the smog somewhere else. It looked so beautiful and exciting down below, 1600kms west of Shanghai. I can handle this, I thought to myself.

My first shock was leaving customs and being confronted with what my western eyes interpreted as a disorderly, noisy, threatening crowd of pickpockets and con-men blocking the exit.

How racist. They were local people awaiting the arrival of their friends and relatives. No queues in China. But I was disoriented, and I really didn't want to shoulder my way through this intimidating scrum. A feller could get mauled here if he wasn't careful. I know about things like this. I used to play rugby. I have a broken nose and a broken collar-bone to prove it.

Then the touts and taxi-drivers ambushed me near the door. So many new friends wanting to help me open my wallet. So I did what any experienced traveler does in any city in the world when he is tired and jetlagged: I looked straight ahead and kept walking. Then I hailed my own taxi.

This guy saw me coming before I saw him, and promised to take me to a nice hotel somewhere in downtown Jiefangbei. Via a scenic tour of Jiangbei and God-knows-where else before he dropped me off at a Yuzhong Qu Hotel halfway between Jiefangbei and Liangloukou. "Jiefangbei hotel" he pronounced. I Can't remember its name, but its on ZhongShan San Lu, its near a branch of the Bank of China, and it is nowhere near downtown Jiefangbei. 10% of the hotel bill in his pocket, 10% less in mine. 'The Bank of China'. Oh my God. It hit me. Culture shock. I am really in China now. No familiar names, places, or people. Just a swarm of helpful locals wanting to carry my bags and escort me into the hotel. Me with one hand on my wallet, the other fighting to drag my own luggage (I feared I would never see it again if I let go), and trying ever so politely to tell this mob to get-lost and leave me alone because I don't need their help and I can do it myself and no I don't need another taxi.

Alone in a crowd. No language. Everything loud, noisy, smelly and strange. So...er...foreign.

And worse still...no personal space. So difficult to restrain oneself and not lash out and yell: "Fer Krissake, leave me alone, I can do this myself...I am

an experienced traveler, I don't want and I don't need, all this unasked for help!"

My fault for doing it on the cheap. I should have booked into a five star hotel where the welcome would have been more restrained (Walk into the Hilton, the Marriott, or the Sofitel today and its like arriving in another dimension. No noise. Polite doormen who can speak English. Beautiful ladies in uniform who will escort you to the check-in counter, the lift, the restaurant, or the bar. And nobody invading your personal space).

My God I need a cold beer.

But how do you ask for a cold beer in Chinese? And how do you say I am hungry? All I want is a sandwich and I will be happy. No way. Never happen. Out of the question. No cold beer, no sandwich, and no happy.

Worse still; no posters extolling socialism, and no loudspeakers exhorting the masses to unite and smash the imperialists.

In truth, I was a little disappointed. This was not what I expected. My western baggage included more than just my backpack. I would have to adjust my prejudices.

In fact, as the weeks and months ahead would confirm, I was entering a very, very sophisticated society.

Five years later it is a different story.

Now I call Chongqing home.

Good Things Come to Those Who

Explore by Denis Lejeune



Given the speed with which modern towers spring up all around Chongqing, I would suggest visiting the district of Shibanpo before it is too late. Personally, I have done it three times, and it has never disappointed me. Of course, it all depends on what you're interested in:

no trace of posh shops, Starbucks and men in business suits in Shibanpo. Instead, a maze of dirty steps, narrow passages, more or less crumbled-looking houses, open doors, occasional trees, cooking stoves for all to see, timid gardens: not quite the 'old China' style however, rather a photogenic blend suspended between two epochs, with reminiscences of yesteryear as well as hints of today.

The area is easy enough to find: it sits just above Chang Jiang Da Qiao on the Yuzhong side. Running along the hillside is a nice path that affords you

views of both the Yangtze and Shibanpo, taking you, as it goes, past nice little squares where local life flourishes.

To the right of the district, as you come from Nanping, there is a quite imposing building. It was probably formerly a dispensary or hospital; now it is a retired peoples' home. The gate leads directly onto the grand wooden door of what resembles a chapel. It was shut when I walked in, so I took a look around the rest of the dispensary instead. There were omnipresent signs of Christianity, crosses in bedrooms in particular, on tables or on the walls, and it did surprise me, even though I had seen churches and crosses before in China. The courtyard, spread over two levels, enjoys great views of the river, although you might have to fight off clothes hung up to dry for the whole panorama. On my way back outside, after a nice chat with some of the pensioners, I decided to walk up to the second floor. The staircase is narrow, dark, and dusty, but I find that the best things in Chongqing, if not in life, are often found via such places. Anyway, after a bit of wandering I was standing in front of the stained-glass window that adorned the front of the shut wooden door. Not much in terms of stained-glass really: it basically consists in a plastic film decorated with floral motifs stuck onto the actual window, in the present case a big circular one. All the same, I knew I was in my first 'real' catholic establishment in China.

The platform I was standing on was five meters wide at most, and to the right was a heap of tables and chairs forgotten there for what seemed centuries, if the blanket of dust was anything to go by. But, to the left, access to the wide and equally dusty parapet was possible, and as I leant over it I discovered a hidden jewel: a perfectly well-preserved



chapel, with the compulsory statues of Mary, Jesus and the like, with rows of pews complete with bibles, with pillars, with light timidly filtering through the side openings... Let me confess here

that I am not a believer, but as a throwback to Europe, it was a nice experience.

After this cultural revelation, half-way up Shibampo, I came across a beautiful tea house, which doubles up as antique shop (complete with prices stuck on the items) and restaurant. It boasts many small rooms facing the Yangtze, but if you explore a bit, you will find a flight of steps at one end.



In practice, it takes you over to the roof of

the next building, which consists in an unexpected Chinese garden, with the usual suspects: stone containers with carps, low chairs and assorted tables, a central part, open to the skies, with yet more fish and plants and water. A nice and serene little place.



So, if you fancy a fix of exoticism amidst the non-descript towers of Yuzhong, now you know where to go. Well, I do.

Spicy Flavours and a View to

Savour by Jean Glaister

Yuxin Sichuan Dish restaurant Review

With hot summer weather coming around the corner, now is the time to enjoy dining al fresco and Yuxin Sichuan Dish on Nan Bing Lu is a terrific option for those who enjoy the spicy flavours from neighbouring Sichuan province.

On a recent Saturday night the spacious multi-level restaurant was busy, but thanks to the efficient system of communication between hostess and wait staff, we were seated without delay at an outdoor table for four. We didn't ask for a high chair for our toddler, but could have, as we saw one carried

past our table later on. We ordered some favourite dishes and a couple of new ones, and were all pleased with each one's presentation and flavour.

Our dumplings were lightly fried on one side, and appeared to have been freshly prepared, unlike rubbery dumplings we ate elsewhere. The *gong bao jiding* was served in a elegant basket of woven noodles, the Japanese style tofu proved popular with all of us, including two who don't normally like tofu; the small pieces were crisp and light on the outside and soft on the inside. The flavourful *shuijuyu* had all the right elements of chilli, mouth-numbing peppercorns, and bean sprouts; a dish of broccoli was nicely seasoned with garlic. We rounded off the meal with some bottles of beer and a dessert of baked and steamed doughy *mantou* with sweet condensed milk for dipping. All this came to well under 200RMB. On a previous visit we sampled other specialties, including vegetables in a tempura-like coating, and delicious smoked duck.

Once the sun went down the spectacular view of downtown Chongqing came alive. While our table was back a bit from those overlooking the Yangtze, we still could enjoy the view of the lit-up skyline.

If you're coming from Jie Fang Bei take the cable car across the Yangzi (2 RMB each way), then hop into one of the waiting taxis by the cable car station for a quick ride to the restaurant. After dining enjoy a leisurely stroll along the riverfront, perhaps stopping for another beer or coffee at one of the many bars or cafés.

渝信川菜 Yuxin Sichuan Dish

重庆南滨店 Chongqing Nan Bin location

重庆市南岸区南滨路第一大道16号 No. 16 The First Street, Chongqing Nan'an District, Nan Bin Lu, The First Street, no. 16

电话/Tel: 6282-2088 6282-5899

The website is mostly in Chinese and offers a printable map showing the location <http://www.yuxin1997.com/1travel/3ads-tel/cqnanbin.htm>

The Art of Negotiation By: [Brenda Goodman](#). Psychology Today Magazine, Jan/Feb 2007 (provided by Brian Henessy)

Want a bigger paycheck? A better marriage? How to get what you want at the conference table or the kitchen table.

Have you ever had a discussion with yourself about when to go to bed? The word "negotiation" may conjure thoughts of hostage standoffs and high-stakes labor disputes, but there's a more quotidian brand of conflict resolution that enters daily life

at nearly every turn. Negotiation, in fact, doesn't necessarily even require another person.

Mary P. Rowe, an ombudsman at MIT, encourages people to think of negotiation as "all interactions between two or more points of view; it's possible to negotiate with yourself."

Negotiations crop up on the way to decisions big and small—when to fill the gas tank, how to spend money, who picks up the kids, when to have sex, whether to get married.

Granted, forging a compromise over which DVD to watch isn't the same as signing the Camp David Accords, but regular human beings can benefit from the same skills world leaders use to solve problems. And best of all, getting better at reaching agreement is pretty painless.

Principled negotiation is a strategy that seeks to move both parties away from polarizing and usually entrenched positions, and into the realm of interests. It asks how both parties can get their interests satisfied while keeping their relationship strong. Negotiating well means neither party need feel cheated, manipulated, or taken advantage of.

Psychologist Daniel L. Shapiro, associate director of the Harvard Negotiation Project, has trained Palestinian and Israeli negotiators. He taught members of the Serbian parliament how to negotiate. Unfortunately, he reports, none of that has given him any additional clout at home.

When he was dating his wife, Mia, a painful imbroglio erupted after he asked her to watch his apartment while he was away. He returned to discover she had redecorated. Gone was his "cool" construction lantern. The card table he ate on had a new flowered tablecloth.

"In truth, it looked better," but Shapiro was incensed. The trouble, he recognized later, was that Mia had inadvertently trampled his autonomy. That turns out to be one of five "core concerns" his research identifies as critical in creating disputes and finding resolution. He defines autonomy as a person's freedom to make decisions for himself.

The other core concerns are appreciation, or having actions acknowledged; affiliation, being treated as a colleague; status, feeling that others respect one's standing; and having roles and activities that are fulfilling. Cross one of the needs and conflict arises. Respect them, and compromise is around the corner.

The most important element of effective negotiation, says Rowe, is preparation, preparation, preparation. She recommends drafting a letter that includes an objective statement of the facts,

explains how those facts were injurious, and outlines what the writer thinks should happen next. Even if the letter is never sent, writing it can help clarify what is needed to repair any damage.

If there is not enough time for a letter, even a 10-minute break from a highly charged situation allows murky issues to be thought through and real needs to come to light. Advises Shapiro: "Take those core concerns and write them on a piece of paper. Figure out which of them are being violated for you and for the other person."

Listen First

"There's a saying among negotiators that whoever talks the most during a negotiation loses," says Bobby Covic, author of *Everything's Negotiable!* Being the first one to listen is crucial to building trust. Just getting the listening part of a negotiation right can satisfy many of the core concerns Shapiro cites.

However, listening—really paying attention to what the other person has to say—is hard. Gregorio Billikopf, a negotiator for the University of California system, offers several good listening practices:

Sit Down

This signals to the other person that time will be spent to hear their side. Never ask someone to talk if there isn't enough time to listen.

Find Common Ground

Approach the other person by talking about a neutral topic of mutual interest—say, baseball or knitting. It helps both parties relax and starts the flow of conversation. Transition to the problem by saying, "I want to talk about an issue important to me, but first I want to hear what you have to say about it."

Move In

Leaning in to the conversation indicates interest. Head nods also help in letting the other side know their thoughts are being followed. But constant nodding or saying "right" over and over will seem insincere.

Keep Your Cool

Experts agree on ground rules for communicating problems—no yelling and no walking away.

Be Brief

Don't go on and on, says Billikopf. He also suggests avoiding words such as "we disagree," a phrase that throws a person to the defensive.

Forget Neutrality

Trying to control your emotions usually backfires, says Shapiro. The other person can read anger and frustration in a wrinkled forehead or a tense mouth, and negative emotions ruin negotiations.

Instead, mine the situation to find whatever positive emotions can be brought to the table—like letting a spouse who's fallen behind on his end of the chores know that his hard work is admirable and the extra money he's earning is appreciated.

Avoid Empty Threats

Intimidation can be powerful—but use it sparingly. Empty threats will diminish the other person's respect for you.

Don't Yield

Caving on important issues may seem noble, says Billikopf, but it ruins a relationship. "You're not asking the other person to consider your point of view," he says. Instead, look for compromises. Compromise is like stretching. Stop doing it and pretty soon there's no way to bend at all

The Gender Gap

Ask a man to describe negotiation and he's likely to compare it to a ball game or a wrestling match. Women, on the other hand, find it more like going to the dentist.

By a factor of 2.5, more women than men feel a "great deal of apprehension" about negotiating, reports economist Linda Babcock, of Carnegie Mellon. Women go to great lengths to avoid the bargaining process—paying almost \$1,400 more to avoid negotiating the price of a car. (That may explain why 63 percent of those who buy cars made by Saturn, a company that promises a no-haggle price, are women.) But "failing to negotiate her salary just once will cost a woman \$500,000 over the course of her career," she says.

Babcock suggests three things for women to get more of what they want:

Commit

"Given that 20 percent of adult women say they never negotiate at all, the most important thing to do is to decide to use negotiation in the first place," she says.

Practice

Negotiate little things, even crazy items that are never bargained for, like the price of fish at the fish market. As with most behaviors, she says, it gets easier the more you do it.

Get to 'No'

If you never hear "no," when you negotiate, you haven't asked for enough.

Some brief facts on Depression by

Brian Hennessy

- On:
- Occurrence
 - Re-occurrence,
 - Success of treatment
 - Length between episodes

Depression is a highly recurrent illness.

The most important factor influencing recurrence is failure to completely resolve symptoms during treatment.

Many experts insist that drugs are not used long enough or aggressively enough.

Many sufferers do not seek psychological therapy to resolve underlying reasons for the depression.

Other factors also play a role: Single people are more likely to relapse than married folk. Women more so than men, because their depression tends to be accompanied by other disorders, such as anxiety.

Some statistics:

20%: of the total population will suffer a major episode of depression needing either medication or hospitalization, at least once in their life.

20%: of all patients who go to a doctor (regardless of illness) show some symptoms of depression.

9 months: the period of antidepressant treatment recommended for a first episode of depression.

3 months: is the average duration of an antidepressant prescription.

30 %: of depressed persons do not respond to the first drug tried for treatment.

5 years: is the average length of time between episodes of major depression.

85%: of persons with major depression relapse within 15 years.

18%: increase in likelihood of recurrence with each prior episode of depression.

Psychologists are qualified to diagnose and treat depression. NB: Depression can be treated!

Getting To Know You



Lisa Haskov

1. Where did you live before coming to Chongqing?

I lived in Copenhagen, Denmark for last 8 years, before that, many cities in Asia and USA because of our jobs.

2. What did you do before coming to CQ?

When I was still in Denmark, I worked for a Danish Designing House as a senior designer and also in charge of our branch office in Shenzhen.

3. What's the best thing about living in this city?

I think CQ is just like many other big cities, has its advantages and disadvantages. However, the thing

that I enjoy the most is the natural scenery around CQ area.

4. *What do you miss most about your home country?*

(Denmark) blue sky, snow and privacy.

5. *Tell us about your favourite holiday.*

Too many. The latest is our X-mas trip to Bintan island, Indonesia

6. *Tell us about the last book you read.*

Yi Jin for advanced.

7. *What sound do you love hearing?*

Raining at mid night.

8. *What are your interests?*

Arts & crafts.

9. *What's the best decision you've ever made?*

Marry to my husband.

10. *What's your favourite childhood memory?*

Every Chinese new year eve, all members from my family were get together to have good food and play games. But as we have now grown up, we hardly see each other.

11. *What are you looking forward to in your life?*

Another career highlight.

12. *What have been your overall experience while in CQ?*

That it has the potential to become of one the best cities to live in, in China. It is a fast developing city that can learn from other big cities as to how to develop in the best way for people and enterprises.

13. *What do you recommend to people who just arrived?*

To open your heart first, you must learn how to respect different people and different culture as this will be a unique experience in your life, then your stay in CQ will be very enjoyable.



Recipe of the Month

by Lisa Haskov

Stuffed Mexican Potato Skins (most popular dish in our family)

Ingredients

4 small potatoes, baked cut in half

half cup of final shredded cheddar or jack cheese

quarter cup of diced tomatoes

black olives, green chilies

sliced whole green onion

half cup of guacamole

quarter of sour cream

Scoop centers from potatoes, leave around (0,5cm) thick shells. Using half the cheese, put a layer of

cheese in each shell. Add a layer of each ingredient in (**RED** color) and top with remaining cheese. Brush potato skins with oil, place in baking dish and bake at 200 degree C around 7-8 minutes until cheese melts.

Remove from oven and top with **Green color**.

Maxxelli by Maartje Verdiesen

The fifth Maxxelli branch opened in Chongqing back in March. Other Maxxelli branches are situated in Suzhou, Wuxi, Chengdu and Hangzhou. Our Chongqing office is located in Yu Zhong District. By having four years successful experiences of helping companies relocating expats in B cities in China, We believe we are able to provide the best real estate and relocation solutions to both our clients and landlords in Chongqing, just like what we have been doing in other cities in China. Our business principle "Make Yourself At Home!" encourages and motivates all of us to make the very best of all the steps we take Chongqing: T 86 28 63802995 www.maxxelli.net info@maxxelli.net

Add: 18-03-1, World Trade Center, No.131 Zou Rong Road, Yu Zhong District, Chongqing.

Taxi Book finally arrives to CQ

What is Taxi-Book:

- Pocket Size Address Book for Chinese Cities
- English / Chinese
- Useful Tool of Communication

This booklet is made to help people navigate through Chinese cities. In each city we have selected approximately 260 venues of interest, divided them over 10 categories. At the back each city booklet will have an index, universal icons and some pages with practical information.

Taxi book has donated some copies to IWG, proceeds will go for the running charity projects. If you are interested in purchasing a Taxi Book, please contact Ana on anarosalara@hotmail.com

Telephone Advice by Caroline Keenan

Had to do this for a friend of mine, and realised it might be useful for other 'newcomers' also.

Phone instructions (for China Mobile phones):

To find out how much credit you have left:

1. Dial *125#, press "Talk" then wait.
A screen will pop up with a list of options you can't read.
2. Enter "2" using keypad, press OK (bottom

left corner)...wait (you may need to hit the keypad button, bottom centre, to pop the keypad up)

3. Enter "3" using keypad, press OK...wait
4. You should then get a message (often 2!) telling you how much you have left.

To recharge your phone:

1. a) Get two of three vouchers from me and get more when you're down to last one or
b) Buy a 'recharge voucher' at any China

Mobile outlet

(chong1 zhi2 ka3 充值卡)

2. Dial 13800138000 (this is written on the voucher)
3. Follow the prompts (after 'press 1 for English)

You will need to enter your phone number and the long (16 or 18 digit) voucher number.

The mechanical lady voice should tell you "the operation was successful" and you should also get a phone message telling you your new balance.

...if no message, do the process above to find out.

Chinese Painting Lesson

Every Tuesday at Hefu Hotel in Jiangbei there are two Chinese painting lessons. One starts at 10am and the second at 1:00pm. Classes are in the 2nd floor gallery. If you already have materials bring them along otherwise the teacher can arrange them all for you for a small fee. Address: 2 HongJin Road, Jianbei. Tel.: 67533333. www.hefuhotel.com

🌈Happy Child After School Club🌈

(Stories and Crafts for Children by Julie)

Every Saturday at 4:30pm coming to Bridge Book House to cheer up our lovely children.

Where: The Bridge Book House (Tel: 67039316) Ground Floor of Ferrari Dealer in Cristal Palace

What We Do:

- Story Time (Fathers or mothers are most welcome to tell a story)
- Music Time (Encourage your child to sing a song, parents and kids sing together)
- Craft Time (Subject change regularly)

For this week, we are going to do "Map of Myself". Please bring colour paper, glue, scissors, or other stuff for your little artist. If you are interested to participate please let me know before Friday on julianazhang121@hotmail.com or on 15023171808

New Theater in CQ by Jean Glaister

In April a touring production of 'The Sound of Music' came to Chongqing. It was held at the newly

built Chongqing People's Mansion 重庆人民大厦 in Jiang Bei. With wonderful technical facilities and a large 2000+ seating capacity it is sure to host concerts and performances in the future. At the moment it is difficult to find entertainment listings in English, so please share any news of upcoming shows. A photo of the theatre (exterior)

<http://cqwb.cqnews.net/club/bbs/showimg.asp?BoardID=15&filename=2008-3/200832822465441204.jpg>

What's On in Chongqing

- Lego and Barbie Exhibition: from 2 to 6 of May at Planning Museum under Ciao Tian Men Square. From 9:30 to 5:30. Tickets price: RMB24 for one person, RMB40 for 2 and RMB56 for 3.

- Chateau Legend Wine Bar: Jazz music every Friday and Saturday. At Lily's bar in Chrystal Palace, situated in the pedestrian street behind the Thai restaurant.

- Music House: Jazz Bar with live music at 4th floor Hong Ya Dong.

- Red Fox Club: Saucy bar at ground floor of Hong Ya Dong

- Latin-American Band at Sofitel's Bar Fidel: Great music and good margaritas!

- Salsa 100 Club- Latin music, Live band

Address: Chongqing Image Old Street, above Wal-Mart (Nanping), Nan Ping Xi Lu, Nan Ping, Nanan District. 地址 (address): 南岸区南坪西路南坪骑龙山庄-重庆映像老街, 南坪沃尔玛上行



Keeping Fit

- Tai Chi at Orchard Manor's Fountain Park every day at 7am.

- Boxing: Freestyle sport karate if interested please contact Alan at acl_kickboxing@yahoo.co.uk

- Belly Dancing: Monday to Friday at 7:30 at Orchard Manor. English speaking teacher. If interested call Crescent on 60976906.

- Yoga lessons by Iris at Hilton, every Wednesday and Friday from 5 to 6pm.

Where to Find What

- CQ Silk Market?! Level 2 of Hong Ya Dong is now open. There are many shops selling purses, bags, watches, clothing, and other goods. Similar to

markets in Beijing and Shanghai, English is spoken and you should be ready to bargain.

- New Western Restaurant: Made in Kitchen. Is located in the lower ground of the Three Gorges Museum, in Ren Ming Square, YuZhong District. Tel.: 6363 6228

- New Starbucks in Jiang Bei next to Pizza Hut

- Good wine at Aussino Cellar (Ferrari Building) and Chateau Legend (behind Thai Restaurant in Chrystal Palace)

- Please note that in last edition there was a mistake in the web address for theater tickets. The right address is www.piao.com



New Arrivals

- Christina Chan and Nick Mason announce the birth of baby boy Luke Scott Jun Ming Mason, born at 00:34 on 18th March in

Southend hospital and weighed 6lb

14oz at birth.

- Yuen Sub and Julian Murray had a healthy baby son, Hayden Shin Murray, born on 12th Feb, 2008.

Classified

JOB VACANCIES: BRITISH CONSULATE-GENERAL, CHONGQING

Entry Clearance Assistants

Applications are invited to fill vacancies open to **British and Commonwealth nationals** working within the visa section of the British Consulate-General Chongqing. All candidates must hold the relevant permissions to work in China. These will be full-time positions on a contract basis. Part-time working and job sharing will also be considered. At present, it is anticipated that the successful applicants will be asked to take up the positions in May 2008. Full training will be provided.

Duties and Responsibilities

The successful applicants will be responsible for assisting Entry Clearance staff in providing a first class visa service to applicants in SW China. The successful candidates will require the ability to perform to a high standard in the following areas:

- Dealing with telephone calls and correspondence, providing accurate advice and information to our customers;
- Collating statistics;
- Dealing with our customers with honesty and integrity;
- Working accurately, under pressure.

These duties will principally involve the printing of visas and liaising with UK authorities.

Candidates must have the necessary employment permissions from the Chinese authorities.

Successful applicants will be required to demonstrate that they meet the following competencies:

- **Communicating:** Priority will be given to those candidates with fluency in both written and spoken Chinese.
- **Customer Focus:** Demonstrating a naturally professional and courteous manner;
- **Managing Self, Others & Resources:** Is willing to be flexible and adaptable; IT literate (Word, Outlook, Access, Excel);
- **Delivering Results:** Is able to deliver effective results within tight deadlines and is able to work effectively and calmly under pressure;
- **Working with Others:** A self-motivated team player;

Application Process

All applications must be submitted in English.

Applicants are requested to forward their current curriculum vitae (including a current address for correspondence), copies of any relevant certificates or qualifications and a passport-sized photograph. Applicants should also provide a brief summary detailing examples of when they have demonstrated each the **five** competencies outlined above.

Applications for this vacancy should be forwarded to the British Consulate General, Chongqing and should arrive no later than 30th April 2008.

Interviews will be held during May 2008 and will be conducted in English.

Terms and conditions will be covered in detail at interview.

Only those invited to interview will receive a reply.

Please send completed applications to:
British Consulate-General, Chongqing (Recruitment - Visa)

Suite 2801

Metropolitan Tower

Central District

Chongqing 400010

Tel: +86 23 63691500

Fax: +86 23 63691592

For Rent

New apartment located at Olympic Center of High-tech district. It's 130m² on 23rd floor with small in house garden. Has great view of Olympic Center and Yuzhou Hotel (a garden hotel for national

VIPs). Fully furnished, all electrical appliances in good condition. And the Olympic Center has 13 tennis courts and 1 of it is international match standard, one golf practice court, swimming pool, football center, and gymnastic center. The apartment is a great place to lead a sporty and relaxing life. Rent it for RMB3000 per month. Please contact Maureen on phone: 13637873032 or emeng@ford.com

For Sale

Apartment in the left of the high three towers near the place where the two rivers merge: Hai Ke Ying Zhou, Paradise by the river. It's a 130 m² double floor apartment with Haier center aircon and German water- floor heating system running with gas. (Actually I really enjoy staying at home with warm feet.)

There are 2 bedrooms, one walk-in closet, 2 bathrooms (one guest-bathroom with shower downstairs, one bigger room with shower and bathtub upstairs), open (imported) kitchen incl. oven and big living area. Balcony, 42nd floor. It's western style decorated with high quality equipment. Took 8 month to finish decoration including change of several windows and improve isolation. Paradise by the river offers English-speaking service, there is a kids- playing (not very big) area outside, but pool outside and a really nice gym which offers dance classes, huge pool and spa downstairs. Also a small supermarket and a restaurant and cafe.

If anybody is interested or knows somebody who is looking for a new place please call Wibke 13983920703 or email

Wibke.Diedenhofen@bmw.debke

For Rent

Apartment is situated in PALM SPRINGS (in Chinese Zong Lu Chuan) Ecological Park, with a huge lake, indoor and outdoor swimming pools, a club, beautifully laid out gardens and excellent 24-hour security and management services, by far the highest quality construction existing in Chong Qing at present. It has 4 bedrooms 3 bathrooms, living, dining, kitchen, a laundry room, and a maid's/store room. It has central heating and air condition. It's fully furnished with high quality furniture and equipped with refrigerator, washing machine, etc. It's a 10 minute ride to Jia Zhou (Jiang Bei) and enjoys a shuttle bus service that links the residents free of charge to the centre of the city on hourly basis. The apartment is brand new, connected to internet and land line phone and is

situated in the quietest building in the compound. Available for occupation from now.

For further details and viewing please contact: Jena Twiname; Tel: 67395681 or Ann: 15902308549

Baby Sitter

Ksenya (English Speaking) 15023 793 705

Car Rental and Tour Guide Service

English Speaking Driver

Contact: Bellan Zhang

Office: 61619852

Mobile: 13036314054

Carpenter (English Speaking)

Coco 1399 6293 723

Chinese Teacher

Ling Xiao 1390 833 3678 or 6786 7709

Dentist (English Speaking)

West China Dental Clinic:

Jiangbei Center 61 88 06 12

Long Hu Area 67 50 06 89

Global Doctor Emergency Number

89 03 88 37

Psychologist

Brian Hennessy

Dip T; BA; M Ed; Dip Psych., [Australian reg. No: 905252].

Phone: 13212372083. Email:

brianhennessy2@gmail.com

Piano Teacher (English Speaking)

Michelle 1388 3265 6851

Photo Services

www.becomes.com.cn

Tailors and Seamstresses

Ms. Zhou 130 123 606 72

Mr. Ling Kang 130 6022 7898

Mrs. Tang 13608347742

Translation Services

Solton Translation (recognized by The British General Consulate) 63 83 48 95

Removal Companies:

Santa Fe 68 79 72 88

Asian Tigers 63 82 01 92

International Schools

Yew Chung: Contact Yuki Tang 67 63 84 82

QSI: Contact Dr. Roy Douthitt 656-20109

chongqing@qsi.org

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